

Coltman's

KITCHEN, DELI & BAR

Breakfast

Served 10am -12noon daily

Toasted sourdough, avocado, poached organic eggs, slow roast tomatoes and salsa verde	12.45
With smoked streaky bacon	14.40
With flat mushrooms	14.40
Buttermilk Pancakes, With grilled streaky bacon & maple syrup <i>or</i> With Macerated berries, vanilla yoghurt and granola	11.70
Poached eggs, on toasted muffin and hollandaise sauce	9.25
With bacon <i>or</i> With mushrooms	11.20
Dirty eggs, scrambled eggs, mature cheddar, caramelised onions, chives, sriracha mayo, on toasted sourdough	11.50
With bacon	13.45

Soups

Chicken soup with herb dumplings	7.95
Freshly made soup of the day	5.45

Salads

Superfoods salad, organic egg, avocado, pomegranate, balsamic, radish, raw beets, sprouting broccoli, kale, rocket, artichoke hearts	<small>small / large</small> 10.80 / 13.45
Add chicken fillet, fish of the day or halloumi	+7.75
Burrata, peas, broadbeans and artichoke	10.80 / 13.45
Spiced cauliflower, coriander yoghurt, peanut butter chickpeas	10.80 / 13.45
Roast aubergine, curried yoghurt, golden raisins, pomegranate, almonds	10.80 / 13.45

Cold deli platters

Served with toasted breads, pickle, chutney & antipasti

Platter of cheeses	16.95
Platter of cold meats and charcuterie	16.95
Platter of grilled & marinated vegetables	16.95
Combination platter meat/cheese, meat/grilled vegetable or cheese/vegetable	18.95

From the Deli

Please note that these items are of limited availability and can be chosen from the selection in deli counter

Deli soup and sandwich combo	10.75
Savoury tart of the day and deli salad combo	10.75
Deli salad of the day	9.95 / 12.75

You Must Inform Us Prior To Ordering, If You Have A Food Intolerance, Allergy Or Specific Dietary Requirement

We Use Nuts And Common Allergens In Our Kitchen, Traces May Be Present In Our Dishes And Not All Ingredients Are Listed.

Due To Seasonality And Availability, The Content Of Our Dishes May Vary.

Hot Sandwiches

Scotch Beef Burger ½ pound Angus burger, taleggio, pancetta and Cajun potatoes	16.95
Toasted goats cheese sandwich Grilled Provençal style vegetables and basil pesto on toasted sourdough	16.50
Fish Dog Crispy polenta battered white fish, brioche bun, Cajun spiced potatoes, coriander & avocado salsa	16.95
Coltman's club Chicken, bacon, egg and avocado	16.95
Bookmakers Minute steak, bacon, onions, tomato, mushrooms, egg and béarnaise sauce	17.50

Mains

Chicken Paillard, Caper, & lemon butter, green salad and fries	17.50
Confit duck leg, broad beans, peas & fennel	17.50
10oz Scotch beef rib eye, lyonnaise potatoes, bearnaise sauce	35.95
Warm salad of slow braised lamb shoulder, red onion, feta and medjool dates	17.95
Fillet of cod, creamed mash, petit pois a la Française	18.95
Orecchiette, kalamata olives, capers & cherry tomatoes, spinach	14.95
Maple & Miso baked aubergine Humus and pomegranate	12.95

Loaded Fries

*With sweet potato fries	+1.00
BBQ Braised beef, stilton	8.95
Feta & Tzatziki, kalamata, tomato, cucumber, red onion	8.95

Sides

Bread selection	4.50
Fries	4.25
Sweet potato fries	5.25
Parmesan fries	4.50
Mixed olives	4.25
Coltman's House salad	4.25

Desserts

Summer berry mess Crème de mure cream	7.95
Smashed chocolate brownie peanut butter ice cream	7.95
Selection of homemade ice creams & sorbets <i>Please ask for today's selection</i>	2 scoops 4.40 3 scoops 6.60
Selection of farmhouse cheeses	10.70
Selection of cakes from our deli counter	from 3.55

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By the Glass

White	25cl	175cl	250cl	1/2 Carafe
Paarl Heights, Chenin Blanc (12.5%ABV)	4.95	5.95	7.95	15.90
Il Carretto, Puglia (12%ABV)	5.05	6.05	8.05	16.00
Mureda, Sauvignon Blanc (13%ABV)	5.45	6.45	8.45	16.90
Red				
Shiraz, Paarl Heights (12.5%ABV)	4.95	5.95	7.95	15.90
Il Carretto Sangiovese (12%ABV)	5.05	6.05	8.05	16.00
Merlot, St Esteve (13.5%ABV)	5.45	6.45	8.45	16.90
Rosé				
Pinot Grigio, blush (12%ABV)	5.75	6.75	8.75	17.50
Sparkling & Champagne				
Riflessi Prosecco (11%ABV)	5.50			1/2 Bottle
Nicolas Maillart Champagne				34.95

White Wines

1 Chenin Blanc, Paarl Heights South Africa Fresh and assertive with a zingy fruit salad flavour and a refreshing lemon twist on the finish.	23.95
2 Il Carretto, di Puglia, Italy The style is fresh, aromatic, stone fruits with grilled almond undertones leading to a crisp, appley finish.	24.50
3 Mureda Sauvignon Blanc, Spain, Vegan, Organic Not your average Sauvignon, it has a fresh, green but rounded fruity taste.	24.95
4 Seachange*, Chardonnay Italy A well-balanced structure and a soft, delicious finish. Easy-drinking and full of flavour, fresh citrus and tropical fruits dominate the palate	24.95
5 Ulumbaza, Springfontein, South Africa, Organic A delicious, drinkable white that has medium body and a creamy texture, showing plenty of cooked-apple, lemon and crushed-stone character.	31.50
6 Albarino, Boal de Arousa, Galicia, Spain Beautiful fresh and intense with a lovely balance of fleshy white fruit and subtle herbs on the finish	35.00
8 Lugana, Nunzio Ghiraldi DOC, Lombardia, Italy Delicious, buttery smooth, modern, contemporary, and really tasty	42.00
9 Sauvignon Blanc, Greywacke, New Zealand Stunning Marlborough, Sauvignon Blanc. One of New Zealand's most iconic.	47.00

Rosé Wines

50 Ca'Lunghetta Pinot Grigio Rosato, Italy This elegant wine has notes of acacia flowers, pear, raspberry and strawberry with a dry finish.	28.95
51 Seachange* Provence Rose, France Fresh zesty grapefruit, delicate white peach and tropical pineapple flavours. This is a stunning, light, easy drinking wine.	33.95
57 Seachange* Rose Prosecco, Italy Delicate aromas of summer berries, a wonderfully elegant Prosecco rosé that is both flavoursome and refreshing.	29.95

Red Wines

25 Shiraz Paarl Heights, South Africa. Ripe and juicy packed with black fruits and a spicy finish. Smooth with soft tannins.	23.95
26 Sangiovese, Il Carretto, Puglia Italy Intense ruby red colour, fresh, attractive cherry fruit purity with flashes of wild herbs and a light to medium bodied palate and length.	24.50
27 Merlot St Esteve, IGT pays d'Oc, France A soft, full flavoured Merlot delivering silky, ripe and mouthfilling fruit pierced with dried herbs with a fine, supple structure.	24.95
28 Seachange* Negroamaro, Italy A versatile, easy-drinking delight, it is medium bodied and well balanced with flavours of berry fruits, especially cherry.	24.95
29 Latido De Sara Wild Garnacha, Spain Intensely fruity with lovely aromas of dark strawberry, raspberry and cherry. The palate is full but fresh with caramel, aniseed and spice notes perfectly balanced with wild red fruits	27.95
30 Malbec Triuno, Mendoza, Argentina Full, dark, brooding, yet delicately elegant. Cracking, and very easy to like!	32.95
31 Cotes du Rhone, Domaine l'Ancienne Ecole, France Lovely, fruity and ripe with lots of flavour in the finish	33.95
32 Rift 69, Gamay Noir, Beaujolais Villages, France The mouthfeel is dense, powerful, round and balanced with spice and liquorice. Crafted with absolutely no sulphites!	35.95
33 The Bee-Side Grenache, IGP Cotes Catalans, France A beaming, cherry red colour with a 'fruit compote' palate and hints of Languedoc herbs and spices....and the best label ever!	45.95
56 Prosecco Riflessi, DOC NV, Italy Fresh, slightly sweet and soft on the palate, this Prosecco has a fruity and harmonious finish.	29.95
57 Seachange Rose Prosecco, Italy Delicate aromas of summer berries, a wonderfully elegant Prosecco rosé that is both flavoursome and refreshing.	29.95
58 Nicolas Maillart, Reserve Brut Champagne France. Predominately Pinot Noir, this wine is soft, fruity and extremely easy to drink	57.95
59 Veuve Clicquot Yellow Label Brut Champagne Top quality Grande Marque Champagne	69.00

Sparkling & Champagne

Non-Alcoholic

Seachange 0% Sparkling A completely non-alcoholic, beautiful tasting, eco-conscious wine alternative	21.95
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Cider

Samuel Smiths Organic Cider, England 550ml – 5.0% A medium dry cider with brilliant straw colour, light body, clean apple flavour and a gentle apple blossom finish.	6.95
Rekorderlig Cider, Sweden 500ml - 4.0%. Mixed Berry / Passionfruit	4.95

Lager

Estrella Damm, Spain 330ml - 4.6% Produced and imported directly from Barcelona and brewed in the best pilsen tradition. It is a light, smooth and refreshing beer best enjoyed colds	4.95
Birra Moretti, Italy 330ml - 4.6% A special blend of quality hops creates a well balanced lager with some hoppy and fruity notes, finished with moderate bitterness and a clean aftertaste	4.75
St Mungo, Scotland 330ml – 4.9% Full bodied but easy to drink! St Mungo is a hybrid of Bavarian Helles and a Northern German pils	5.45
Budvar, Czech Republic 500ml – 5.0% An enticing aroma of gently toasted malt, with a dash of vanilla and aromatic hops. It is rich and rounded in the mouth with a superb attack of juicy, biscuit malt and gentle hop bitterness	5.75
Heineken 0:0, Holland 330ml – 0% Refreshing fruity notes and soft malty body - perfectly balanced.	3.75

Ale

Traquair House Brewery, Bear Ale, Scotland 500ml – 5.0% Rich malty nose and a full malty palate, with fruity hops appearing on the finish. A big well-flavoured ale from a tiny brewery.	5.95
Williams Bros Brewing Co, Tin Man Tropical IPA Scotland 500ml – 5.5% Brewed from the fruitiest hops, creating perfectly balanced notes of tropical fruit, citrus & light malts	5.95
Williams Bros Brewing Co, Talking Head American Pale Ale, Scotland 500ml – 4.4% A crisp & fruity American extra pale ale with hints of pine & citrus and a bitter taste	5.95

Softs

Coke /Diet Coke	2.60
Bundaberg Ginger Beer	3.45
Appletiser	3.10
San Pellegrino sparkling	2.25
Orange / Lemon / Blood Orange	
Folkington's Fruit Juices	3.35
Pressed Mango Juice / Old Fashioned Elderflower Old Fashioned Pink Lemonade / Summer Berries	
Arizona Chilled teas	3.50
Green tea & Honey / Peach tea / Green tea & Pomegranate	
London Essence Soda	2.95
Peach & Jasmín / Pink grapefruit	
Fever Tree	2.75
Soda Water / Lemonade / Ginger Ale	
Fever Tree Tonics	2.75
Tonic / Light Tonic / Elderflower Tonic	
Mineral Water bottle 500ml Still/Sparkling	3.25
Mineral Water bottle 750ml Still/Sparkling	3.75
Fresh Juices	2.95
Orange/Apple Juice/Cranberry	
Milkshakes	4.45
Strawberry/Chocolate/Vanilla/Banana	

*Seachange wines
Ethically sourced, minimal packaging